

## **Norms for the publication of papers in Annuary of Clinical and Health Psychology**

### **General:**

The Annuary of Clinical and Health Psychology is a journal published by the Department of Personality and Psychological Assessment and Treatment of the University of Seville (Spain), that tries to compile all those scientific contributions of the area of Clinical and Health Psychology that may be of interest for professionals and scientists dedicated to the study of human behaviour. Therefore, the journal would like to accept and publish empirical papers on any relevant aspect related to the field of Personality and Psychological Assessment and Treatment, as well as theoretical contributions, clinical cases, comments on researches, books' reviews or any other type of work that may be relevant and / or of great contribution and impact for our scientific field.

Papers sent to the journal are to be original and unpublished. Therefore, all papers already published or submitted at the same time to another journal will not be admitted. Once papers are accepted, authors will transfer copyright to the Department of Personality and Psychological Assessment and Treatment of the University of Seville (Spain) which is the publisher and may print and reproduce in any manner and by any means all papers submitted and accepted.

Opinions and information contained in papers are exclusive responsibility of the authors. Likewise, all persons subscribing a paper are understood to have given their agreement for the evaluation and spreading of the same. All published papers will follow the accepted guidelines of ethics and professional deontology.

### **General Norms for submission, structure and presentation:**

Original papers are to be sent to the Annuary of Clinical and Health Psychology per common post (annexing original and three copies) as well as per email (including all the related files in a compatible word processor and specifying the title of the attached file(s) as well as the name of the word processor in the email). This last means is to be used with the purpose of shortening the procedure for publication in case the paper is finally admitted.

Papers are to be sent to the following address:  
Departamento de Personalidad, Evaluación y Tratamiento Psicológicos  
Facultad de Psicología de la Universidad de Sevilla  
C/ Camilo José Cela s/n  
41018 – SEVILLA (SPAIN)

The journal's email is :anuarioclin@us.es Once the original paper is received, a confirmation will be sent as soon as possible to the main author of such paper.

Papers shall have a maximum length of 25 – 35 pages (see exceptions in paragraphs corresponding to specific norms for theoretical papers and clinical cases) written in double space (size DIN A-4), without indentations or page breaks, pages printed only one face and consecutively numbered. Articles are to be written in English or Spanish. Spanish versions will be traduced into English if accepted for publication.

The first page of every submitted article is to contain the following:

Title of the paper in English and Spanish.  
Name and Surname of authors and degree or professional or academic qualification.  
Full address, including phone and email, of the author with whom the journal is to be in contact.

The second page is to contain the abstract of the paper in English, which will have a maximum length of 175 words (each section – objectives, methods, results, etc. – is to be mentioned), together with the key words (maximum 5). The third page is to include a Spanish abstract and the corresponding key words.

The fourth page is to again contain the title of the article, without the names of the authors, and the text is to be developed. The structure or sections to be included in the papers are specified in the specific norms for each type of publication: empirical (see paragraph 14), theoretical (see paragraphs 15 to 17) or clinical cases (see paragraphs 18 to 21).

Tables and illustrations (graphics, figures, etc.) contained in papers are to be submitted separately, each one in a different page, correlatively numbered and together with a header containing the number and title of the same allowing the clear identification of its content. The desired and approximate place for tables and / or illustrations is to be indicated in the text. Tables are to be simple and in accordance with the norms and styles of APA and are not to include vertical lines.

All quotations appearing in the paper are to be present in the list of references and all references are to be quoted in the text. Quotations are to be inserted in the text (never as footnote). Authors' surnames are to be written in lower-case with the exception of the first letter. Initials of names are not to be specified unless necessary in order to distinguish two authors with the same surname (Example: J.M. Zarit y Zarit, 1982).

If the author's surname is part of the narration, only the year of publication of the article is to be included between brackets (example: According to Olesen (1991) three different types of sensory afferents in migraines can be distinguished...). If the surname and publication date are not part of the narrative, both elements are to be included between brackets, separated by a comma. (Example: Three different sensory afferents in migraines can be distinguished (Olesen, 1991)...)

If a paper has two authors, both surnames are to be quoted every time the reference appears in the text (ex: Folkman and Moskowitz (2004) reviewed the situation of the investigation of the confrontation strategies...). If a paper has three, four or five authors, all of them are to be quoted the first time the reference appears in the text, and, in the following quotations of the same paper, only the surname of the first author followed by the phrase "et al" and the year of publication are to be written (for ex: Rodríguez, Terol, López and Pastor (1992) adapted the questionnaire...As mentioned before, Rodríguez et al. (1992) adapted the questionnaire...). If a paper has six or more authors, then only the surname of the first author is to be mentioned followed by the phrase "et al" together with the date of publication, as from the first quotation in the text.

If two or more works by different authors are quoted in a same reference, they will be written alphabetically, surnames and respective publication dates separated by a semicolon within the same brackets (for example:...it is absurd to dissociate the confronting strategies from the personality of the person using them ((Bouchard, 2003; Bouchard, Guillemette and Landry-Léger, 2004; David and Suls, 1999; Ferguson, 2001; Vollrath and Torgersen, 2000)...). If there are several quotations of the same author, the surname and publication dates of the different works are to be written separated by commas and followed by a letter if being from the same year (for example:...as stated by McAdams (1995, 1997a, 1997b, 1997c)...)

The list of bibliographic references is to appear in a new page, at the end of the paper, in alphabetical order by the authors' surnames and initials. The second line of each entry of the list is to be indented in five spaces (one indentation). The titles of books or journals are to be written in italics and, in the case of journals, the italics are to cover not only the title but up to the number of the issue (including the commas before and after the issue number). Only one space is to be left after every punctuation mark. For example:

- Aspinwall, L. G., and Taylor, S. E. (1997). A stitch in time: self-regulation and proactive coping. *Psychological Bulletin*, 121, 417-436.
- Lazarus, R. S. (2000). *Estrés y emoción. Manejo e implicaciones en nuestra salud*. Bilbao: Descleé de Brouwer. (Orig., 1996).

The format of periodic publications is to be the following: Author, Y. Y. (year). Title of Article. Title of journal, issue, number, pages. For example:

- Amirkhan, J. H. (1990). A factor analytically derived measure of coping: the Coping Strategy Indicator. *Journal of Personality and Social Psychology*, 59 (5), 1066-1074.

The format of non-periodical publications is to be: Author, Y. Y. (year). Title of the work. Place of Publication: Publisher. For example:

- Miró, J. (2003). *Dolor crónico. Procedimientos de evaluación e intervención psicológica*. Bilbao: Descleé de Brouwer.

In the case of chapters of books, the format is to be: Author, Y. Y. (year). Title of the quoted work. Directors, Publishers, Compilers or Coordinators (Dir., Pub., Comp. or Coord.), Title of the Book (pages). Place of Publication: Publisher.

- Sánchez-Cánovas, J. (1991). Evaluación de las estrategias de afrontamiento. En G. Buela-Casal y V. E. Caballo (Eds.), *Manual de Psicología Clínica Aplicada* (pp 247-270). Madrid: Siglo XXI.

References to lectures are to have the following format: Author(s) followed by the year and month between brackets, the title of the lecture in italics, name of the conference and city where celebrated. For example:

Beixo, A. (2003, mayo). *Personalidad y afrontamiento de enfermedades crónicas*. Comunicación presentada en el III Congreso Internacional de Psicología de la Salud, Sevilla, España.

References to electronic resources have to provide, at least, the title of the resource, date of publication or date of access and the address (URL) of the Web resource. If possible, the author of the resource is to appear as well. The basic format is to be: Author of the webpage. (Publication date or date of review of the page, if available). Title of the webpage or place. Recovered on (Date of Access), from (URL-address). For example:

Sanzol, J. (2001). Soledad en el anciano. Recovered on May 12 of 2004, from <http://www.personal.uv.es/sanzol>.

In case of doubt on any other rule for publication not contemplated above, the guidelines established in the fifth edition of the Publication Manual of the American Psychological Association (2001) are to be followed.

#### **Specific Norms for empirical works:**

Articles of this section are to be relevant contributions in the field of Clinical and Health Psychology. They will follow the logical order and a clear and structured presentation according to the following order:

Introduction and Justification of the work.  
Objectives and hypothesis  
Method: participants; design, variables and control conditions; materials and / or instruments and procedure.  
Results  
Discussion  
Conclusions  
References

#### **Specific Norms for theoretical works:**

The Annuary of Clinical and Health Psychology gathers theoretical articles from different points of view (cognitive, dynamic, behavioural, systemic, etc.) that represent important contributions on the different contemplated contents.

Articles in this section are to contain, as well as the others, a logical order and a clear and structured presentation. They are to express a justification for the relevance of the subject dealt with (in the introduction) and an express practical contribution so that the professional may obtain a reference of the application nature (independently from the theoretical line) of the subject to be treated (in the discussion of the same).

The maximum length of the entire work is to be of 10 pages and the structure is to be the following:

Introduction and thesis (aspect to be expound or defended)  
Discussion  
Conclusions (short and clearly delimited).  
References (maximum 20).

#### **Specific norms for the exposition of clinical cases:**

In this section, the description of one or more clinical cases is to be collected, which presume a contribution and / or important repercussion to the knowledge of the analyzed process, due to their peculiarities.

Articles in this section, besides following a logical order and clear presentation, may follow these structures:

Theoretical Background	Or:	a) Introduction
Participants		b) Description of the clinical case(s)
Processes for Assessment		c) Discussion
Treatment		d) References
Results		
References		

Maximum length of the work is to be 5–20 pages and bibliographic references are not to exceed 20.

In the description of cases, no real name or initials of the patients with whom the research for publication has been performed are to be mentioned.

**Review and Publication of Works:**

Works meeting the requirements mentioned above will be anonymously reviewed by experts on the subject, who will inform the direction of the journal of the valuation and possible modifications to be made to the same. Such valuation will be sent by the direction to the author within a maximum period of three months.

Once the article has been valued, modified (if applicable), reviewed and definitely accepted, the publication of the article is to be determined by the direction and the main author is to be informed of the date and issue where the article is to be published. In any case, the final decision for publication of an article is responsibility of the direction of the journal.

Accepted articles not appearing in the last issue of the journal, are to be published in the next editions, and, in the meantime, they will be kept in the list of accepted articles pending publication.

Articles not meeting the established norms or not accepted for publication will neither be submitted to review nor given back to the authors, although the reasons for their exclusions are to be notified. In any case, the journal reserves the right to introduce modifications appropriate for the fulfilment of the established norms.

The delivery of an article to the Annuary of Clinical and Health Psychology assumes the acceptance of all the above mentioned norms by the authors of the submitted original work.